

ASTHMA & ALLERGY PHYSICIANS OF RHODE ISLAND

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Patch Test Instructions

WARWICK LOCATION

470 Toll Gate Rd Warwick RI

In preparation for your patch testing:

Gather up to TEN products that you use on your body that might be relevant to your symptoms. We cannot test for detergent fabric softeners aerosols or any chemical too harsh to leave on your skin. Please keep these products in their original containers, place them in a bag with your name, date of birth and date of your patch testing and drop off to our Warwick location at least 5 days before your testing appointment.

- You are having patches to a variety of chemicals metals and preservatives placed on your back for further evaluation of skin irritation, rash, eczema or dermatitis.
- Patch Testing consists of three consecutive appointments held at the Warwick office on Monday, Wednesday and Friday
- Patches are placed on your back Monday and will be removed on Wednesday and on Friday you will be given the results from your patch testing.
- Between Monday and Wednesday, you may shower, but please be diligent about **NOT SUBMERGING** your back in water (such as swimming).
- We asked that you avoid any activity where sweating may occur.
- After your appointment on Wednesday, please **DO NOT** get your back wet **AT ALL** until you return to the Warwick office for your final patch read on Friday.
- It is okay to continue with your antihistamine medications. You should avoid the use of any oral prednisone. Topical steroids and calcineurin inhibitors example **Elidel** applied to the back should be avoided for at least **7 days prior to testing**.

*****The patches need to be in direct contact with your skin for accurate results. We ask that your back be void of any hair prior to your first appointment*****

If you have any questions or are having any difficulty, please contact our office at **401-751-1235**

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